St. John's 1-8 Menu

October 2026

All menu items are subject to change
All bread/buns are whole grain (W.G.)
All lunches are served with milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Hot Lunch				1 Chicken Wild Rice Hot Dish Sliced Cucumbers Red Grapes W.G. Blueberry Bread Milk	2 W.G. Cheese Quesadilla Fresh Broccoli Orange Tortilla Chips + Salsa Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Salad	Chef Salad	Beef Taco Salad	Chicken Garden Salad	Chicken Ceasar Salad	Bean Taco Salad
Regular Hot Lunch	5 W.G. Chicken Nuggets Carrot + Celery Sticks Red Apple Cheese Sun Chips Milk	6 BBQ Meatballs Garlic Mashed Potatoes Grape Tomatoes Pineapple Tidbits Slice of W.G. Bread Milk	7 W.G.Lasagna Roll with Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlick Bread Stick Milk	8 Chicken Breast on a W.G. Burger Bun Slice of White Cheese Cowboy Beans Creamy Mac Salad Diced Peaches Milk	9 **NO SCHOOL Conferences**
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Salad	Chef Salad	Beef Taco Salad	Chicken Garden Salad	Chicken Ceasar Salad	Bean Taco Salad
Regular Hot Lunch	12 Sloppy Joe on a W.G. Burger Bun Baby Carrots Red Apple Doritos Milk	13 Beef Stroganoff with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Diced Pears W.G. Blueberry Bread Milk	14 **NO SCHOOL**	15 **NO SCHOOL**	16 Cheese Burger on a W.G. Burger Bun Cowboy Beans Creamy Pasta Salad Fresh Orange Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Salad	Chef Salad	Beef Taco Salad	Chicken Garden Salad	Chicken Ceasar Salad	Bean Taco Salad
Regular Hot Lunch	19 BBQ Chicken on a W.G. Burger Bun Baby Carrots Pineapple Tidbits Sun Chips Milk	20 W.G. Soft Beef Taco x2 Lettuce + Cheese Seasoned Black Beans Fresh Cauliflower Banana Tortilla Chips + Salsa Milk	21 W.G. Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Salad topping Diced Pears W.G. Garlic Bread Stick Milk	22 Swedish Meatballs Mashed Potatoes Grape Tomatoes Fresh Orange Slice of W.G. Bread Milk	23 W.G. Pizza Sticks x3 Fresh Broccoli Diced Peaches W.G. Blueberry Bread Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Salad	Chef Salad	Beef Taco Salad	Chicken Garden Salad	Chicken Ceasar Salad	Bean Taco Salad
Regular Hot Lunch	26 W.G. Chicken Tenders Carrot + Celery Sticks Red Apple Cheese Doritos Milk	27 **Grades 1-7 at Orchestra Hall - Bring Cold Lunch** W.G. Pasta and Cheese with Sliced Chicken Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk	28 Meatloaf in a Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	29 W.G. Cheese Quesadilla Seasoned Black Beans Sliced Cucumbers Diced Peaches Tortilla Chips + Salsa Milk	30 W.G. Garlic Cheese Bread Marinara Sauce Fresh Broccoli Fresh Orange Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Salad	Chef Salad	Beef Taco Salad	Chicken Garden Salad	Chicken Ceasar Salad	Bean Taco Salad