Children's House Menu

October 2026

All menu items are subject to change
All bread/buns are whole grain (W.G.)
All lunches are served with milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Hot Lunch				Chicken Wild Rice Hot Dish **1** Sliced Cucumbers Red Grapes W.G. Blueberry Bread Milk	W.G. Cheese Quesadilla **2** Fresh Broccoli Orange Tortilla Chips + Salsa Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Regular Hot Lunch	W.G. Chicken Nuggets **5** Carrot + Celery Sticks Red Apple Cheese Sun Chips Milk	BBQ Meatballs **6** Garlic Mashed Potatoes Grape Tomatoes Pineapple Tidbits Slice of W.G. Bread Milk	W.G.Lasagna Roll with **7** Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlick Bread Stick Milk	Chicken Breast on a **8** W.G. Burger Bun Slice of White Cheese Cowboy Beans Creamy Mac Salad Diced Peaches Milk	**9** **NO SCHOOL** **Conferences**
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Regular Hot Lunch	Sloppy Joe on a **12** W.G. Burger Bun Baby Carrots Red Apple Doritos Milk	Beef Stroganoff with **13** W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Diced Pears W.G. Blueberry Bread Milk	**14** **NO SCHOOL**	**15** **NO SCHOOL**	Cheese Burger on a **16** W.G. Burger Bun Cowboy Beans Creamy Pasta Salad Fresh Orange Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Regular Hot Lunch	BBQ Chicken on a **19** W.G. Burger Bun Baby Carrots Pineapple Tidbits Sun Chips Milk	W.G. Soft Beef Taco x2 **20** Lettuce + Cheese Seasoned Black Beans Fresh Cauliflower Banana Tortilla Chips + Salsa Milk	W.G. Cheese Pizza **21** Mixed Green Salad with Creamy Italian Dressing Salad topping Diced Pears W.G. Garlic Bread Stick Milk	Swedish Meatballs **22** Mashed Potatoes Grape Tomatoes Fresh Orange Slice of W.G. Bread Milk	W.G. Pizza Sticks x3 **23** Fresh Broccoli Diced Peaches W.G. Blueberry Bread Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun
Regular Hot Lunch	W.G. Chicken Tenders **26** Carrot + Celery Sticks Red Apple Cheese Doritos Milk	W.G. Pasta and Cheese **27** with Sliced Chicken Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk	Meatloaf in a **28** Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	W.G. Cheese Quesadilla **29** Seasoned Black Beans Sliced Cucumbers Diced Peaches Tortilla Chips + Salsa Milk	W.G. Garlic Cheese Bread **30** Marinara Sauce Fresh Broccoli Fresh Orange Milk
Sandwich	Turkey + Cheese on a W.G. Bun	Turkey Ham + Swiss on a W.G. Bun	Turkey Cold Cut Sub on a W.G. Bun	Roasted Chicken + Ranch Wrap	Cheddar and Swiss on W.G Bun